



OUR KIDS
OUR FUTURE

Forty-five of California's First 5 commissions invest in home visiting. Why? Because it works.

Extensive research has found that home visiting:

- Prevents child abuse and neglect
- Connects babies and toddlers to high-quality early learning, and improves school readiness
- Improves parents' confidence, wellbeing, parenting practices, and resilience
- Improves birth outcomes
- Increases family self-sufficiency

FIRST 5 IS THE LARGEST FUNDER OF HOME VISITING IN CALIFORNIA.

We invest \$87.5 million dollars annually, reaching 37,000 families a year. **Yet only 11% of California kids ages 0-3 have received home visiting**, though research suggests two-thirds of families with very young children could benefit from it.

 **1 in 7** CA kids are reported for abuse or neglect before age 5

 **62%** of CA babies live in low-income families

 **Only 11%** of CA kids ages 0-3 have received one or more home visits

 **For every DOLLAR invested, home visiting can yield a return of NEARLY SIX DOLLARS.**

WHAT IS HOME VISITING?

An evidence-based intervention that strengthens families, breaks the cycle of poverty, and gives kids the best start in life. Certified professionals visit parents regularly during pregnancy and infancy. Home visiting is voluntary and parents must invite the visits. Models vary to best meet the needs of families, with some focused on health and others on referral to services.

Home visitors may discuss:

- Child health and development
- Positive discipline strategies
- Local parenting resources
- Job coaching

Evidence-based models include Parents as Teachers, Nurse-Family Partnership, Healthy Families America, Early Head Start, HIPPIY, and SafeCare.

First 5 commissions across California are working to ensure the successful implementation of the **CalWORKS Home Visiting Initiative.**

What Happens in the First 5 Years Affects Us All

A child's experience

Positive parenting fosters social and emotional resilience



shapes the adult

Improved relating to others at school, work, home



and the rest of society

Safe and thriving communities, reduced social welfare costs

